



## EVENTS/ACTIVITIES FOR RAINBOW FAMILIES

### FALL FAMILY CAMP WEEKEND

(Weather and other factors permitting. List provided by Camp Tockwogh)

There are no additional fees associated with the following activities which the camp staff will run:

Archery, climbing wall, motorboat rides and canoeing. We also have a number of recreational based activities such as basketball, soccer, tennis, kickball, disc golf, and nature hikes that guests can lead on their own - The camp has equipment in the sports sheds.

We also have an ice cream social that is planned for 3:30PM on Saturday

Here is a description of the activities you might be able to participate in while staying at YMCA Tockwogh between May 15th - October 1st . Please be aware that all activities are weather permitting.

- Waterfront Fun awaits everyone at the waterfront. Choose from a variety of water activities or have fun playing on the sand and combing the beach.
- Canoe and Motorboat Rides

- Climbing Wall Reach for the highest heights on the Climbing Wall. Our well-trained, fun-loving, and passionate staff members are ready to help you reach your goal. Remember, closed toe shoes are a must.
- Archery Bull's eye! Learn and practice your shooting skills on the Archery Range. Take advantage of a great opportunity to learn or further enhance a skill that has lasted through the centuries.
- Self-Directed Activities Get away from the larger groups and take advantage of Tockwogh's other facilities on your own.
  - Tennis
  - Disc Golf
  - Basketball
  - Hiking Trails
  - Volleyball, Softball, & Soccer Fields
  - Bicycling (bring your own bike and participants must wear a helmet)
  - Sunset Hikes; experience the outdoors just before sunset with a hike through the woods and comes across the bay just in time to see the sun at its lowest point before dipping over the horizon, one of the prettier sights of a bay community.

